

The background is a complex, abstract composition of various colors including purple, blue, green, yellow, and red, with white speckles scattered throughout. Two orange diamonds are positioned at the top and bottom left of the page. A green horizontal line runs across the top, and another runs below the subtitle. A solid orange square is located in the bottom right corner.

◆ 2021

Course
Catalogue

◆ *Fields of Understanding*

School of Principled Consciousness



“Welcome to our 14th year of offering ebooks and downloadable sound files to a worldwide classroom. “

“This year we offer two new courses to further your commitment to your development and expanded awareness to manifest and appreciate situations as they evolve and transcend beyond impasse to resolution. Build self-assurance in vital ways using a spectrum of 12 module courses.”

“Join us for a year of insights, growth, and camaraderie with like-minded people from all parts of the world!”

Dr. Susan Gurnee



Fields of Understanding
School of Principled Consciousness
P O Box 5, Todd, North Carolina, 28684 USA
www.fieldsofunderstanding.com
info@fieldsofunderstanding.com

ARE YOU READY
TO TAKE A LONGER CHALLENGE
AND EXPAND YOUR NETWORK OF CO-LEARNERS?

Make 2021 the year you study at
Fields of Understanding
School of Principled Consciousness:

Using self-chosen year-long projects, entering students are given insights from which to achieve goals using choices that include the use of Universal Principles. Continuing and returning students widen their perceptions and alter defensive and dualistic decision-making habits with the use of energy programs.

Two optional five day-long Group Forums and bonus Intensives help learners take what they've learned into a daily practice with other studying students.

Registration opens on October 15, 2020, until January 8, 2021

Download your application form
from www.fieldsofunderstanding.com and send it to
info@fieldsofunderstanding.com

October 2020

Dear Prospective Student,

Thank you for your interest in joining this innovative way to make positive changes in your life. Enjoy diving into the outlines of our programs of study 2021, including two new courses!

After committing to your self-designed curriculum from the specific branches of Principled Consciousness trainings outlined below, you will learn methods to increase your powers of manifestation in accordance with highly principled models.

Correlating each step of your work with energetic counterparts, you will gain a supportive awareness of the inherent connection between your thoughts, intentions, actions, and outcomes.

As a year-long student you are embarking on a unique and personalized program. For the extent of your enrollment you have access to the scholarship, experience, and sincere feedback of founder, Dr. Susan Gurnee. Her mission is to help you achieve your goal while you use your project as a metaphor for the directions of your life. With this correlation you will accomplish an important objective, and take the learning and expanded consciousness into your future daily choices.



Foundational Study – Creating With Principled Consciousness

Ebooks in English or German / Audio lessons in English

Optional: Resonance Art Series “Creating With Principled Consciousness”

Under the direction of Dr. Gurnee, students choose an individual project to spend the calendar year completing. All projects will have in common that they provide beneficial solutions to challenging self-devised themes. The one-year self-defined project fosters an uncompromising adherence to ethical principles that sustain honesty and build habits of outstanding character. The steps of the self-chosen project become a personal representation of your newly formed decision-making patterns. This endeavor releases your powers to catapult change, nurture growth, and insure development.

Each year, students receive an abundance of lessons contained in twelve monthly ebooks and audio files that build the careful synthesis of thought and action through conscious decision-making.

Through this supervised independent course of study, students have access to Fields of Understanding through telephone and Skype. Monthly ebooks, sound file lectures, and project coaching.

Optionally, students can choose to obtain Resonance Art prints of the Series “Creating with Principled Consciousness”, especially created by Susan Gurnee to support students’ self-development while enhancing the work done throughout the year.

The series of 12 is available in CD sized format, at request also in the size 8"x 8" (21x21cm). Resonance Art prints are not included in tuition fee.

Students who have completed one year can build another project or continue the previous year's project with the titles:



Continuing Students

Ebooks in English or German / Audio lessons in English or German



On-going Students

Ebooks in English or German / Audio lessons in English or German



Returning Students

Ebooks in English or German / Audio lessons in English or German



Fields of Understanding's Foundational Verities

Ebooks in English or German

Including Resonance Art Series "Gazing Series", 12 prints, CD sized format

Verities are principles that hold factual relevance in life situations. These serve as fundamental truths and are foundational to build trust in beliefs, behavior, or reasoning. These have withstood the vagaries of time. They can be relied upon in new encounters and can sustain noble intentions. This newly developed course uses six critical themes from which to find continued evolutionary insights.

Foundational Verities addresses the topics of Security, Creativity, Power, Appreciation, Communication, and Social Intelligence. Instead of a supportive sound file, students will receive Resonance Art prints in a Series "Foundational Verities". These vibrational art prints created especially by Susan Gurnee, are designed to support students' self-development work throughout the year. The series of 12 are available in CD sized format and are included in the course fee.

By request, the size 8"x 8" (21x21cm) Resonance Art prints from this series can be purchased by those enrolled or not enrolled in this year's course.

New in 2021



“36 Cycles” Technique – Instructor Course

Ebooks in English or German

After ten years of testing, this exciting practice is ready to be shared. Beyond using this work for your personal expansion, after learning the steps, become a “36 Cycle” Instructor to assist others.

After completing this 12-module course, become certified. Help others gain insights from key values enhanced through the power of energetics.

Direct your innate skills as a mentor. Help individuals find life-changing standards modeled through 36 cycles, Nine Directives, 12 Principles, 4 Elements, and 10 categories. Release non-beneficial influences through a spectrum of transitional statements.

Encourage others to build responsibility and determination to achieve wider fulfillments.

“Like a boat on a river, use this comprehensive system to help maneuver into appropriate potentials available for a buoyant future.”

New in 2021



Muscle Response Testing – A 12-Module Course in Dowsing

Course material in English or German

After mountains of requests, this year you can strengthen your ability to use your autonomic nervous system and the Power of Energetics to locate ground water, buried metals, maligned earth configurations, and physical maladies. Join Sue, a life member of the American Society of Dowsing who has presented dowsing topics to professional dowsers in the USA since 1986. For decades Sue has increased her skills related to this ancient art and gained insight into practical secrets from some of the most celebrated luminaries. During this course you will receive a three-part history of dowsing around the world, an assortment of methods to use your ideomotor reflexes, and an expanded study of the use of maps and charts to gain insights from your inner intelligence.

One of the first registered accounts of the professional use of dowsing to locate metal ore dates back to 1556. Sue will take you further in history to ancient Egypt. Through historical evidence, you can learn how this powerful skill was used as part of cultural hierarchy through the antiquities. Filled with practical training, this course will help you amplify your skills of full-body dowsing, finger and arm dowsing, as well as map and chart work. For those who have practiced the art of kinesiology as well as those interested in expanding skills of divination, this is a foundational course that can lead you to many enjoyable hours of insights.



Mutuality Training

Ebooks in English or German

If you do not understand yourself, it is difficult to comprehend what is taking place around you. After years of research and testing, Dr. Gurnee has systematized the importance of mutuality into six stages with identifiable patterns. These can be observed in others and understood inside.

Since mutuality is necessary for the process of any form of creation, learn how to find the ingredients inside to build interactions with qualities that hold genuine and supportive elements.

A two-year comprehensive study course, the “Six Stages of Mutuality” as taught by Dr. Gurnee, is designed to widen your understanding of the powers you possess during both professional and social interactions. Whether you are in the arts, in service and other interaction-filled occupations, increase your interpersonal relationships.

Participants learn how to widen opportunities that open and expand understanding with courage, reason, and goal-directed flexibility. Monthly ebooks and individual coaching by Dr. Gurnee are included.

Mutuality Keys 1–3 (Year 1)

Taught in sets of three platforms, Year 1 establishes the first three key trainings. These are directed toward collaborative relationships. These three stages (Keys 1–3) help you practice the qualities of participation, creativity, and the subtle aspects contained in goal-directed accomplishments.

Mutuality Keys 4–6 (Year 2)

Three stages (Key 4–6) for sustained collaboration using communication, trust, caring and assurance – to enhance personal relationships, team support, long-term associations, and family evolution.



Establishing Unified Direction

Ebooks in English or German

“Unified Direction” is achieved when both conscious and unconscious thoughts are free of inner conflict. Until that time, achievements are hindered by contradictory attitudes, concepts, and beliefs that disperse energy and scatter objectives.

Unconscious thoughts are involuntary. These often hold fear-based false conclusions that over-ride and determine the orientation of the conscious voluntary thoughts and reactions. This course is influential in its manner to systematize and uphold mutuality between the involuntary and voluntary parts in one’s operating system. Throughout the year, build new pathways of confidence and clarity with easy-to-follow charts and personal worksheets. Each month, students receive elegantly adorned information-packed charts and worksheets.

This brilliant one-year course is offered to inquisitive learners and those with previous training at Fields of Understanding. Scheduled throughout the year are telephone consultations and facilitation by Dr. Gurnee.



SpiralAction Method™ Core Components

Ebooks in English or German

An intensive one-year course allowing participants to gain a sensory-oriented technique to quickly unwind areas of personal discord. Using the power contained in gently programmed movements, this well-tested technique is potent. It allows participants to retune themselves to uphold alert composure foundational for creative expressiveness and daily decision-making.

Gain understanding about your outlooks on struggle and stress. These and many shielding areas are addressed in depth throughout the year. Learn to use an efficient and practical system to gain maintainable and efficient results that reflect your intentions.

Course includes:

Amazingly crafted and thoroughly engrossing videos, twelve splendidly laid out ebooks for their charming ease, and scheduled phone-coaching with Dr. Gurnee.



SpiralAction Method™ Facilitation Essentials

Ebooks in English or German

For those who have successfully completed the SpiralAction Method™ Core Components course, this is an opportunity-filled year. Do you want to learn how to teach SpiralAction Method™ to others? This special training course weaves personal development topics with the steps needed to prepare for certification. With certification you will gain the joy and materials to spread this effective method in your own classes and events.

Students who want to become certified SpiralAction Method™ Instructors and have already worked on their self-development in the one-year SpiralAction Method™ Core Components course, will receive 6 monthly modules from which to review, memorize, and continue their personal evolution. In August, a SpiralAction Method™ Immersion Class is offered for further training, practice, and pre-certification testing.

The tuition fee for the Immersion Class is included in the yearly tuition. For more information contact Dr. Susan Gurnee. After successfully passing the certification process, SpiralAction Method™ Instructors receive an Instructors' package with authentic SpiralAction Method™ tools. These permit them to offer certified SpiralAction Method™ weekend seminars. This Facilitation Essentials Course is only open to students who have successfully completed the SpiralAction Method™ Core Components training with Dr. Susan Gurnee at Fields of Understanding.

Please note:

Students interested in becoming certified SpiralAction Method™ Instructors need to make an appointment with Dr. Susan Gurnee to discuss which are the most appropriate courses to take for their certification process.

For evolved students with relevant background, experiences, and leadership skills as well as a solid foundation and understanding of Principled Consciousness, a special admission can be granted allowing students to join without previous studies of SpiralAction Method™.

Admission to the SpiralAction Method™ Facilitation Essentials program is based on Dr. Gurnee's evaluation.



Group Forums For Qualified Students

Apply to attend optional five-day Group Forums. These are designed specifically for those who are currently enrolled in the School. The Group Forum fee is not covered by the yearly tuition. These additional offerings support the students' individual projects through camaraderie formed through experimentation through the group association.

Dates for Group Forum weeks will be published by December 2020.



Yearly Tuition and Fees

Tuition for a year-long course that includes distance learning material in English or German (as available) and project reviews: \$6,500

For all courses: a non-refundable registration fee of \$300 is due by the end of the registration period. This fee covers application processing, the distance physical exam, and handling charges.



Payment Schedule 2021

Due by Jan 8:	Registration / handling fees	\$300
Due by Jan 13:	Tuition	\$1,000
Due before March 15:	Tuition	\$2,000
Due before June 15:	Tuition	\$2,000
Due before Sept. 15:	Tuition	\$1,500

For payment by checks in US funds, please make tuition checks payable to FIELDS OF UNDERSTANDING. For payment information for international and domestic bank transfers, please contact us at : office@fieldsofunderstanding.com.

OPTIONAL GROUP FORUM AND UNDERSTANDING INTENSIVES 2021 (for currently enrolled students) are not included in the yearly tuition.



Mission Statement

Fields of Understanding is passionate about nurturing the spirits of integrity, ethics, and mutuality. Linked to Universal themes that honor conscious decision-making, students are given models of clarity from which to widen their spectrum of goal-oriented decision-making skills.




Special Circumstances

Knowing that students manage multiple commitments, the programs of Fields of Understanding caters to the independent adult learner. The courses are intended to fit smoothly within students' individual time structures. It is important, for all concerned that after a student begins the School with this distance learning system that he continues until his goal is reached. If this is accomplished before August 15th, the remaining portion of the year's tuition fee will be waived.

Upon the unlikely event that a student wishes to withdraw from the year's study, the School requests that the student state, in writing, his reason for leaving. If a student decides to end the program because of extenuating circumstances not associated with the project's schoolwork, a panel of adjudicators will review the specific circumstances and rule according to the highest outcome for all concerned. If a student's course is terminated by the School for rule violation or non-payment of fees, official notification will be made in writing and no reimbursements will be given.

For any further enquiries, or to make an appointment with Sue Gurnee to discuss your participation in the SpiralAction Method™ Certification Program, please write to office@fieldsofunderstanding.com.

Fields of Understanding
October 2020



**Fields of Understanding
School of Principled Consciousness
uses a well-defined educational
structure of integrity.**

**Create your dreams
and let them fly!**

www.fieldsofunderstanding.com

Fields of Understanding School of Principled Consciousness



2021



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